University of Medical Sciences and Health Services of Chaharmahal and Bakhtiari Province

In the Name of God

Clinical Rotation Plan

Academic Year: 2026-2027

Department: Faculty of Nursing and Midwifery Rotation: 1 theoretical credit

Course Name: Complementary Medicine, Alternative Medicine, and the Role of Nurses in Them

Course Number:

Rotation Coordinator: Dr. Ali Hassanpour Rotation Venue: Faculty of Nursing and Midwifery Department.3rd floor

Rotation Start and End Dates: oct2026- feb 2027 Rotation Duration:5 month

Department Office Address: : Faculty of Nursing and Midwifery Department

Department Office Phone: 03833341412

Rotation Coordinator Contact Information: 03833342414

- **General Objective of the Rotation** (in 3 domains: cognitive, affective, and psychomotor)
- To familiarize learners with complementary and alternative medicine, its application in maintaining and promoting health, prevention, treatment, and rehabilitation of acute and chronic diseases in adults.
- Specific Objectives of the Course:
- By the end of this session, the student will be able to:
- Describe the course content and learning objectives.
- Familiarize with the evaluation methods of the course and articulate them.
- Identify and introduce the course resources.
- Understand the history of using complementary and alternative medicine in treating clients.

- **Specific Objectives of the Rotation** (in 3 domains: cognitive, affective, and psychomotor)

- **Table of Theory Classes**

No.	Topic	Instructor	Time	Location	Lesson Plan
First Session	Introduction to the syllabus, history of	Dr. Ali Hassanpour		Faculty of Nursing and	

	using complementary and alternative medicine in treating clients			Midwifery Department.3rd floor	
Second Session	Philosophy and definitions of complementary and alternative medicine and classification of complementary and alternative medicine	Dr. Ali Hassanpour		Faculty of Nursing and Midwifery Department.3rd floor	
Third Session	Common systems of complementary medicine and the role of nurses in them, types of common methods in Chinese medicine, traditional medicine, and homeopathy	Dr. Ali Hassanpour		Faculty of Nursing and Midwifery Department.3rd floor	
Fourth Session	Application of mind-body and spiritual therapies: prayer and supplication, hypnosis, imagery, meditation, yoga, group therapy	Dr. Ali Hassanpour		Faculty of Nursing and Midwifery Department.3rd floor	
Fifth Session	Treatment by: colors, art, biofeedback, music, relaxation, psychoimmunology	Dr. Ali Hassanpour		Faculty of Nursing and Midwifery Department.3rd floor	
Sixth Session	Biology-based treatments: herbal medicine, nutrition, aromatherapy	Dr. Ali Hassanpour		Faculty of Nursing and Midwifery Department.3rd floor	
Seventh Session	Explain massage therapy, explain reflexology, explain craniosacral therapy, chiropractic, and Alexander technique	Dr. Ali Hassanpour		Faculty of Nursing and Midwifery Department.3rd floor	
Eighth	Describe	Dr. Ali		Faculty of	

Session	bioelectromagnetism, explain vibrational medicine	Hassanpour		Nursing and Midwifery Department.3rd floor	
Ninth Session	Explain energy healing, address questions and summarize topics	Dr. Ali Hassanpour		Faculty of Nursing and Midwifery Department.3rd floor	

- **Table of Essential Practical Skills**

No.	Skill	Extent and Levels of Learner Participation			Intended Training Setting	Teaching Method
		Observation	Supervised Performance	Independent Performance		

Course Resources (book title, author name, year and place of publication, publisher name, and the chapter or page numbers required for this course – if reading the whole book or all of its volumes is not essential as a resource**)**

Books, articles, and websites related to complementary and alternative medicine:

Brunner LS, Smeltzer SCC, Bare BG, Hinkle JL, Cheever KH. Brunner & Suddarth's Textbook of Medical-Surgical Nursing: Lippincott Williams & Wilkins; 2010.

Yarbro CH, Wujcik D, Gobel BH. Cancer Nursing: Principles and Practice: Jones & Bartlett Publishers; 2010.

Chambers EJ, Germain M, Brown EA. Supportive Care for the Renal Patient: Oxford University Press; 2010.

Burns SM, Chulay M. AACN Essentials of Critical Care Nursing: McGraw-Hill Medical; 2010.

Hassanpour-Dehkordi A, Jivad N. "Comparison of Regular Aerobic and Yoga on the Quality of Life in Patients with Multiple Sclerosis." Medical Journal of The Islamic Republic of Iran (MJIRI). 2014;28:141-0.

Dekhordi H, Masoudi, Talei S, Shahryar, Forouzandeh, Nasrin, et al. "Investigating the Effect of Progressive Muscle Relaxation on Anxiety in Nursing Students at the Beginning of Their Internship." Journal of Shahrekord University of Medical Sciences. 2009;11(1):71-7.

Parvin, Neda, Kazemian, Afsaneh, Dekhordi H, Alavi, et al. "Investigating Occupational Stress Factors in Nurses Working in Hospitals Affiliated with Shahrekord University of Medical Sciences in 1382." Modern Care. 2005;2(3):31-5.

Cheshmesad, Frank, Salehian, Tahmineh, Kazemian, Afsaneh, et al. "The Effect of Music on Pain During Active Phase of Labor in Primiparous Women." Journal of Shahrekord University of Medical Sciences. 2009;10(4):65-71

- **Learner Evaluation Method and Marks Allocated to Each Evaluation**

(The evaluation methods and the schedule of evaluations should be presented completely and precisely.)
A) Formative (evaluations during the rotation)

B) Summative (evaluations at the end of the rotation)

Presentation of Article Summary: Each student is required to select a topic within the course discussions from the latest scientific articles and submit it by the due date.

Class Attendance and Participation:

Attendance in class and no absences.

Participation in discussions.

Preparedness for questions and answers in each session.

Submission of assignments before the end of the term.

Referring to the mentioned resources and completing the materials presented in class.

Teaching Methods:

Lecture, group discussion, Q&A.

Teaching Aids: Whiteboard, markers, and computer.

Evaluation Methods:

Q&A at the beginning of sessions on the previous session's topic, midterm written exam in the fifth session, final written exam.

Evaluation Method	Score	Notes

Evaluation Method	Score	Notes
Active participation in class and discussion	10%	
Submission of assignments	20%	
Quiz in each session	20%	
Final exam	50%	

- **Educational Rules and Regulations of the Rotation:**

- **Rotation Coordinator's Policy on Discipline and Enforcement of Educational and Clinical Regulations:**
- **Learners' Duties in Educational Settings** (This section is to be developed according to the nature of the rotation and completed separately for each setting.)
- To maintain the dignity of the class and respect for others, please arrive on time and turn off your mobile phone.
- According to Article 14 of the educational regulations, unexcused absence in the final exam will result in a score of zero, and justified absences exceeding 17/3 will result in the course being dropped.
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Learners' Duties in the Ward:

Learners' Duties in the Emergency Department:

Learners' Duties in the Outpatient Clinic:

Learners' Duties during Evening and Night Shifts:

Learners' Duties in the Operating Room*:

Learners' Duties in Morning Report:

Learners' Duties in Conferences:

Learners' Duties in Journal Club:

Learners' Duties in the Clinical Skills Center*:

- **Rotation Delivery Schedule:** ((This section is to be prepared by the Department.)